

Introducing Involvement Week

By: Sean Callahan, News Editor



A student prepares to submit his ticket for a prize after visiting a campus group table. (SOURCE: WICKS)

The fall club fair has been the inciting event used to draw new students into clubs and organizations at Saint Vincent College for decades. That may be changing after the introduction of a new campus event, called Involvement Week. Deanna Wicks, Director of Campus Life, conceived of this idea after speaking with the Council of Club Presidents regarding ways to obtain more campus engagement.

From Jan. 31 to Feb. 3, from 10 a.m. to 7 p.m., various campus clubs and organizations hosted tables

in the Carey Center Lounge. There, representatives provided more information about their group to interested students and provided sign-up sheets to join. To boost student engagement, multiple prizes, including tickets to Pittsburgh events, a laptop, and AirPods, were available to students who visited at least one table a day. They would then receive a ticket for a chance to win a prize with a drawing at the end of the week.

Groups could sign up for two to three hour timeslots in the Carey

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Celebrating National Girls and Women in Sports Day

By: Suki Rowden, Staff Writer

On Feb. 1, 2022, the Saint Vincent Bearcats faced the Chatham Cougars at home. This exciting game was a true testament to the female athletes' excellence with impressive sportsmanship from both teams. Entering the game, the Bearcats were on a 11-game winning streak, which led them to second place in the PAC standings. The entire game was close with the Bearcats' shots immediately being countered by shots from the Cougars. Despite the Bearcats' efforts, Chatham pulled away in the end, ending their winning streak, but many SVC players had impressive performances. Notable players from SVC were Madison Weber, a senior psychology major, scoring a game-high of 21 points and had 12 rebounds, and Ella Marconi, a senior nursing major, who scored 12 points and had 13 rebounds. Saint Vincent College

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NEWS

Clubs and Organizations Partake in New Spring Tradition

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Lounge. A variety of campus organizations signed up, including Activities Programming Board (APB), the Office of Multicultural Student Life (OMSL), the Knights of Columbus, Cheerleading, and more. More than 20 clubs were also active in Involvement Week.

Mason Seftas, sophomore mathematics and data science double major and President of the Bearcat Billiards Club, was excited for the opportunity to participate in Involvement Week. Seftas explained that Bearcat Billiards is a new club this semester, which meant getting word out to the SVC community soon was critical.

“Our goal was to gain recognition for the club as well as increase the number of members we have,” Seftas said. “This was very successful for us. We introduced twenty new members and an additional five after Involvement Week.”

Seftas’ club had a table set up from 4:30 to 7 p.m. on Feb. 1. They presented an activity and had a sign-up sheet for potential members, whose names they would then add to a club GroupMe and email list.

“We had a mini pool table to gain attention from people walking by. We handed out candy to whoever played and stopped to learn more about the club,” he said.



The Bearcat Billiards Club presents a small pool table where visitors can play and then sign up for their club. (SOURCE: STE-FAS)

Wicks hopes to maintain Involvement Week as an annual spring tradition to promote future successes such as Seftas’.

“We’ve all been working so hard to build community and involvement across campus,” she said. “I’m hopeful that we can all work together to connect during this tradition in the future.”

Women's Basketball Entered Day On Impressive 11-game Winning Streak

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and Chatham University have a history of these close games, with SVC winning a back-and-forth match as recently as December 2022 against Chatham. In this most recent match, the scores were tied seven times and the lead changed nine times, exemplifying just how skilled both teams are.

In the spirit of the 37th National Girls and Women in Sports Day, refreshments and snacks were available to all female athletes during the game in the Robert S. Carey Center. Feb. 1st was first designated National Girls and Women in Sports Day by President Ronald Reagan in 1987. The holiday was originally intended to honor Flo Hyman, an iconic American volleyball player and Olympic silver medalist, who tragically died at the age of 31 due to a genetic condition. The

holiday then developed into a day meant to celebrate and encourage all female sports players, professional, amateur, and those who aspired to play alike. National Girls and Women in Sports Day also brings awareness to the Title IX act passed in 1972 that demanded equal access for sports to women and girls in the United States.

Although the Bearcats could not snatch a win on National Girls and Women in Sports Day, they came back with a vengeance and have already secured a victory against Allegheny just three days later, and then another win against Thiel on Feb. 8. As of Feb. 9, the women's team remains in second place in the conference.



Players watch as Ella Marconi (#25) sinks a foul shot. (SOURCE: ROWDEN)



Madison Weber (#30) prepares to shoot from the foul line. (SOURCE: ROWDEN)

ARTS & CULTURE

A Vocation Through Art

By: Erin Brody, Arts & Culture Editor

One of the first things people think of when they hear Saint Vincent College is its monastic community. Outside of the monks who teach at the college, SVC students do not know the majority of the monks on campus, which is why students should visit the Verostko Center for the Arts' newest exhibition *Clothed in Glory*.

Clothed in Glory houses a collection of pieces from Father Vincent de Paul Crosby, O.S.B., who has been a part of the Saint Vincent monastic community since 1967. While understanding his vocation as a monk, Fr. Crosby wanted to use the artistic abilities he honed at the Tyler School of Art in Philadelphia as a means of worship. Fr. Crosby made this dream come true when he opened Archabbey Studios in 1979, fulfilling commissions from both Catholic and Protestant denominations.

Andrew Juló, director of the Verostko Center for the Arts, enjoyed his time working with Fr. Crosby and getting to learn more about the monk's life.

"One of the noteworthy [commissions] he was asked to do was to design a set of vestments for the Anglican cathedral of St. Asaph in North Wales," Juló said. "He designed a set of red vestments and delivered them for the community [...]. Father Vincent is sort of cited as being the first Catholic priest to speak at that particular cathedral since the Reformation."



Photos, newspaper clippings, and pamphlets for Fr. Vincent de Paul Crosby's Benedict House, a housing community established in 1987 to help the lives of men affected by AIDS and HIV. (SOURCE: BRODY)

Juló noted that ecumenicism is a strong theme in Fr. Crosby's life, as he strove to create art for those outside of the Catholic community. Another way he did this was by creating Benedict House in 1987, a housing community in Buffalo for men diagnosed with AIDS and HIV. Some men utilized Benedict House as a hospice, and even during their final years, Fr. Crosby was sure to make their life beautiful by creating art for the house and throwing holiday parties to bring together a community. Benedict House closed in 2015 due to medical advances.

Clothed in Glory is sure to highlight this part of Fr. Crosby's life and more.

"Visitors of the exhibition will see vestments, sculpture, and some more recent works where [Fr. Crosby]

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How Saint Vincent Demonstrates Spirituality Through Creation

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is using Adobe Photoshop to create digital images that are printed onto various substrates,” Julio said.

Students will quickly catch onto how diverse Fr. Crosby’s artistic abilities are. His digital works are not only printed on canvas, but also onto hardboard and fabric. A summary of some major contributions Fr. Crosby made for various churches around the world are stated in the exhibition too, two of them being the Saint Vincent Archabbey Basilica and Saint Vincent Basilica Crypt.

Clothed in Glory is believed to be Father Crosby’s first



Two vestments and a digital work titled Ave.Eva designed by Father Vincent de Paul Crosby, O.S.B. (SOURCE: BRODY)



Guests first see a mannequin in priestly robes for the Verostko Center for the Arts’ exhibition of *Clothed in Glory*. (SOURCE: BRODY)

solo exhibition on campus, but he has had plenty of exhibitions and works on display in other places.

“But this one, I would argue—based on his personal archive he has kept of his exhibition history—is by far the most extensive by range of projects,” Julio said.

This exhibition had an opening reception on Feb. 1 in the evening, and as many as 120 people came to support Father Crosby. Some of these people included his family, the SVC monastic community, SVC college community, commissioners, and many more.

“Something I admire in [Father Crosby’s] work,” Julio said, “is the ability to speak across denominational lines as a way of allowing things that are beautiful and well-designed to speak.”



SPORTS

Student-Athletes Take Center Stage at Summit

By: Jacob Rzempoluch, *Sports Editor*

From Jan. 20-21, the Fred Rogers Institute proudly hosted all 11 member schools of the Presidents' Athletic Conference for its first-ever Mental Health Summit. The event, which included at least two student-athletes from each institution along with several coaches, trainers, and administrators was the result of years of increased understanding of mental health. Student-athletes are particularly at risk for a variety of mental health concerns, ranging from disordered eating to suicide. Over the past decade, colleges have increased mental health awareness messaging. However, more specific conversations are often needed to address groups such as student-athletes.

Dr. Dana Winters, Executive Director of the Fred Rogers Institute, helped organize the event in order to allow student-athletes to lead discussions. "Last year Fr. Paul [Taylor, PAC Presidents' Council Chair and SVC President,] and I attended a summit around young peoples' mental health... and it was a bunch of people who had researched the topic talking about the needs of young people, but there wasn't a single young person there," Dr. Winters said. When the conference began to discuss planning an event focused on mental health with the Fred Rogers Institute, Dr. Winters and Fr. Paul suggested giving time to student-athletes to speak to all attendees.



Student-athletes were centered in all discussions during the conference. (SOURCE: PAC ATHLETICS TWITTER, @PAC_ATHLETICS)

The summit opened with greetings from Dr. Winters, Joe Odernko, PAC Commissioner, and Fr. Paul. Dr. Becky Zill, Fred Rogers Institute Citrone Family Fellow for Mental and Wellness, played an important role in planning the summit alongside the previously listed individuals. Next came the student-athlete panel, which was noted by all attendees as a significant part of the summit.

Day one concluded with breakout groups that focused on discussing the topics brought up by student-athletes in the morning session. The groups consisted of individuals who held similar roles at different institutions. Similar breakout groups continued on day two, with the groups now being divided based on

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PAC Mental Health Summit Marks Increased Dialogue Between Faculty, Students, and Other Attendees

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school to allow the various members of the institution to discuss concerns more specific to their campus.

Head wrestling coach Dominick Nania was one of several Saint Vincent coaches to attend. One of the youngest and newest coaches at Saint Vincent, Nania strongly believes that having more conversations about mental health can help student-athletes as well as the athlete-coach relationship.

“The big thing I took from that is not just saying you have an open door policy, but making it really feel comfortable without it being forced,” Nania said. He also noted that the concerns of student-athletes were centered in each session, ensuring that all attendees were listening specifically to current student-athletes expressing how they and their teammates felt.

Cameron Hyde, senior accounting major, was surprised by how willing all of the student-athletes were to share their thoughts.

“Saint Vincent seems to be one of the top leaders in the PAC in mental health awareness,” Hyde said, who also attributed this to strong mental health awareness campaigns on campus.

Currently, a similar conference-wide summit has not been scheduled for next year. However, everyone interviewed for this article expressed interest in continuing the discussions that started at the summit.



The Fred Rogers Center hosted the PAC Mental Health Summit. (SOURCE: SAINT VINCENT COLLEGE)

Team Standings

Men's Basketball

Team	W	L	Streak
W&J	16	6	W2
Geneva	15	7	W3
Allegheny	15	8	W1
Saint Vincent	14	9	L1
Westminster	13	9	L1
Chatham	11	11	L1
Thiel	10	10	W1
Grove City	10	12	W1
Franciscan	6	16	W1
Waynesburg	5	16	L3
Bethany	3	20	L3

Schedule: @Bethany 2/15 6 p.m., @Geneva 2/18 3 p.m.

Women's Basketball

Team	W	L	Streak
W&J	20	2	W3
Saint Vincent	17	4	W2
Chatham	14	7	W1
Grove City	14	8	W6
Westminster	13	9	W1
Allegheny	11	12	L3
Bethany	8	15	W2
Geneva	6	16	L1
Franciscan	3	18	L2
Thiel	3	19	L4
Waynesburg	2	20	L9

Schedule: Bethany 2/15 6 p.m., @Geneva 2/18 TBD

Men's Volleyball

Team	W	L	Streak
PSU-Behrend	5	2	W4
Thiel	5	7	W1
Saint Vincent	2	3	W1
Hiram	3	5	W2
Mount Aloysius	2	4	W1
Hilbert	2	6	L1
Geneva	3	9	L7
Medaille	2	8	L2
Wells	0	6	L6
PSU-Altoona	0	8	L8

Schedule: @Hiram 2/14 7 p.m., @Mount Aloysius 2/21 7 p.m., @Medaille 2/25 1 p.m.

Men's Swimming

Team	W	L	Streak
Grove City	6	1	L1
Saint Vincent	5	4	L1
Westminster	4	4	L2
Allegheny	2	6	L5
Bethany	2	6	L2
W&J	2	7	L4
Chatham	0	9	L9

Schedule: @PAC Championships 2/15 7 p.m., 2/16-2/18 10 a.m.

Women's Swimming

Team	W	L	Streak
Grove City	8	1	W6
Saint Vincent	8	2	L1
Franciscan	8	5	W2
Westminster	4	4	L3
Chatham	4	6	L1
W&J	2	8	L4
Allegheny	1	7	L7
Bethany	0	9	L9

Schedule: @PAC Championships 2/15 7 p.m., 2/16-2/18 10 a.m.

Men's Track and Field

Schedule: @PAC Indoor Championships 2/23 1 p.m., @The Armory (New York, N.Y.) 3/3-3/4 10 a.m., @NCAA D3 Championships (Birmingham, Ala.) 3/10-3/11 TBD

Women's Track and Field

Schedule: @PAC Indoor Championships 2/23 1 p.m., @The Armory (New York, N.Y.) 3/3-3/4 10 a.m., @NCAA D3 Championships (Birmingham, Ala.) 3/10-3/11 TBD

Men's Lacrosse

Schedule: @Ohio Wesleyan 2/18 TBD, Juniata 2/22 3 p.m., Mount Union 2/25 1 p.m.

Women's Bowling

Schedule: @AMCC Round Robin (Kenmore, N.Y.) 2/18-2/19 10 a.m., @Intercollegiate Team Championships (Dayton, OH) 3/11-3/12 8 a.m., @AMCC Championships (Pittsburgh, PA) 3/24-3/26 TBD

*as of 2/8/23

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