

Big plans in store for the ASL Club

By: Elizabeth Van Pilsum, *Staff Writer*



The American Sign Language Club threw their first Halloween party this year on Nov. 20. (SOURCE: VINCENT KASHAUER)

On Oct. 20, the American Sign Language (ASL) club at Saint Vincent College hosted a Halloween party open to everyone. The ASL Club is a relatively new club on campus that was started in the spring semester in 2021 by a group of students, and this year, the club is led by President Vincent Kashauer, a sophomore biochemistry major.

Recently, the ASL Club has increased its activities in order to become more active on campus. By the time of the Halloween

Party, the club had already had four bi-weekly meetings this semester, a nature walk with the Bearcat B.E.S.T. program and a social media collaboration with the Office of Multicultural Student Life (OMSL). Roughly thirty people attend each meeting, and the club has a positive response from its members.

Mei Jenkins-Andrews, junior biology major, has loved learning the new signs each week, as well as meeting new people and making new friends.

Continued on page 2

Fellow to Help with Mental Health

By: John Syms, *Part-Time Staff Writer*

Mental health includes emotional, psychological, and social well-being. It helps determine how undergraduates handle stress, relate to others, and make healthy choices. Saint Vincent College (SVC) hosts events and talks related to mental health to keep the topic relevant.

On Oct. 12, 2022, Fred Rogers named Rebecca Zill as part time assistant for mental health at SVC. Zill is not a part of any SVC program, however, she is a part of a fellowship within the Fred Rogers Institute. Zill visits the institute once a week to talk about mental health and helps students academically.

Dr. Dana Winters, Executive Director of the Fred Rogers Institute, stated, "We have several fellowships throughout the Fred Rogers Institute. These are outside scholars who advanced the legacy of others through academic study and even mental health."

Continued on page 3



NEWS

The ASL club hosted a Halloween party and discussed their future

continued from page 1

“I joined the club to learn ASL and to help with SVC becoming more inclusive,” Jenkins-Andrews said. “I’ve really enjoyed it, and I think it’s doing a great job with its mission.”

The Halloween party succeeded in furthering the club’s goal to teach ASL while having fun. The members were encouraged to dress up in costumes, which demonstrated its members’ creativity with characters such as Wednesday Adams, Achilles, Scream, and more. Kashauer taught Halloween-related signs in ASL like monster, candy, and spider, and club members munched on the snacks provided. Then, the club engaged in a game where the members were divided into teams and had to guess the Halloween-related sign based on context clues, fostering a friendly competition that encouraged learning the signs better.

“I feel like the party was a success,” Jenkins-Andrews said. “It was really fun to learn Halloween-themed signs and see everyone in costume, and I enjoyed the game.”

At the Halloween party, a petition for an introductory ASL course was passed around the room, which Kashauer and the other ASL club officers plan to bring to the college in hopes of change. The ASL club has 111 students on the email list, demonstrating eagerness on

campus to learn ASL, but most of those students cannot attend the meetings due to scheduling conflicts. The ASL club officers believe that if a course in ASL is offered by the college, the students who expressed curiosity to learn it will be able to explore their interests further.

In addition to advocating for an ASL course, the club officers have many plans for the club in the future, including a Thanksgiving meeting where members learn signs for Thanksgiving-related food and traditions. The club will also be offering a doctor-patient ASL lesson with Saint Vincent College’s Pre-Student Osteopathic Medical Association. Additionally, starting on Oct. 1, the club is creating #Start-SigningSVC where they post a daily sign to Instagram @bearcat_ASL.

Overall, the ASL club aims to raise awareness and increase inclusivity on campus. “The ASL Club has come so far already,” Kashauer said. “Our primary hope, now, is the integration of everyday signs on campus. However, the club is not just a club for learn-

Fred Rogers names Rebecca Zill as an Assistant for Mental Health

continued from page 1



Dr. Rebecca Zill, a pediatric neuropsychologist who specializes in comprehensive care for patients with behavioral difficulties. (SOURCE: <https://doctor.webmd.com/>)

The institute is developing programs that will not only support the SVC community, but also other communities outside the college as well.

Zill is a neuropsychologist who used to work at the University of Pittsburgh for the Division of Neuropsychology and Rehabilitation Psychology Program. Zill's primary goal was to work with student athletes on academics and mental health.

"We are doing a lot of planning and understanding," Winters said. "Zill is conducting sessions for the needs of Saint Vincent students, and she will be working with athletes in the spring so the support we bring truly meet the needs."

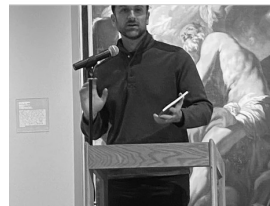
Winters believes mental health is "one of the leading concerns for children and young people for a very long time, and it is long overdue to be acknowledged by others as either a challenge or issue." She says that SVC has been working on mental health issues well before they were termed a national emergency. But she hopes the national spotlight will help drive funding because the institute needs a lot of outside funding for the work they do.

If any student on campus is struggling academically or mentally, they can seek help at the Wellness Center located on the first floor of the Carey Center.

Check out our website for stories not printed in our paper!

Culture

Features about art, entertainment and trends



Apr 20

Visiting Writers Series returns to Saint Vincent

By Delaney Fox, Staff Writer The Visiting Writers Series made its return to Saint Vincent College on Apr. 6 in the Verostko Center for...



Apr 20

Class of 2022 art majors display work in Verostko Center

By Erin Brady, Staff Writer The Verostko Center for the Arts recently greeted the SVC community and visitors with a blue sign displaying...

SVC Alumnus speaks on experience in pharmaceutical industry

By: Sean Callahan, News Editor

On Oct. 24, Saint Vincent College business students and professors welcomed back alumnus Terrance Tomey for dinner and a lecture on his time spent in the pharmaceutical industry and employment opportunities students may consider. Tomey is an alumnus of the class of 1976 and a retired pharmaceutical executive.

Throughout the lecture, Tomey outlined the impact of the U.S pharmaceutical industry on the nation, addressed public perception of the industry, and explained cost factors and planning behind the drug implementation and marketing. He then ended the lecture with in-depth descriptions of employment opportunities.

Tomey presented many statistics and facts pertaining to the industry's impact. He said that 900 new medicines had been launched since 2000, and that 7,000 more are in development now.

He also presented examples of current medical developments in the industry, including the use of ultrasound waves in patches to open pores for insulin, and the gradual introduction of peanut enzymes to young children until they become immune to them, to avoid future allergies.

"When they brush their teeth, we ensure a small amount of the peanut enzyme is present. For six weeks, the enzyme amount is kept the same," Tomey said. "The next six weeks,



SVC Alumnus Terrance Tomey speaks to business students and professors about his time in the pharmaceutical industry and employment opportunities. (SOURCE: CALLAHAN)

we increase the amount. The process continues until the child reaches full immunity."

However, Tomey explained that there are issues to address in the business sector of the pharmaceutical industry. "The whole industry is under siege, starting with cost. There's a lot of people involved with the handling of the drugs," Tomey said. "There are insurance companies, pharmacy benefit management companies, and government programs."

Tomey said that drugs, after being created, are transferred to wholesalers, distributors, or pharmacies, all of which are involved in price negotiation. He explained that while drugs are expensive, so is the system that handles them. 3.3 trillion dollars went towards the U.S. healthcare system in 2016. This is 17.8% of the 2016 U.S. GDP.

Continued on page 5

Employment opportunities plentiful for business students

continued from page 4

He also touched on public misconceptions of the pharmaceutical industry. For example, most people tend to believe prescription drugs take up a large portion of healthcare costs. In reality, they make up 7-10% of these costs each year.

Tomey admitted that, in part due to misconceptions, public image is a struggle. The pharmaceutical industry holds the highest level of industry distrust among the public. 46% of people on average express they don't trust this industry the most.

"We were worse than the Tobacco Industry in terms of distrust. We have been accused of withholding a cure for cancer and making vaccines that cause Autism," Tomey said. "It's frustrating, because we are saving lives in this industry."

However, he was also forward about what he considered industry mistakes. He referenced the 'Pharma Boy' scandal, in which a former CEO of two pharmaceutical firms raised the price of the antiparasitic drug, Daraprim, from \$13 to \$750 per pill after gaining its manufacturing license.

In regard to the COVID-19 pandemic, Tomey felt that its handling was difficult for the pharmaceutical industry due to public misinformation. He described some of the rhetoric surrounding COVID as "a political football game rather than a science-based decision," and felt the firing of nurses who refused to get the vaccine during the pandemic was wrong.

Still, Tomey is confident in the opportunities the pharmaceutical industry can provide to students as a part of its mission to improve people's lives and wellbeing.

Tomey explained that there are three phases in a clinical study involving drugs. Phase one proves that the product's ingredients are safe. Phase two consists of testing the drug on multiple healthy and consenting volunteers to help identify side effects that will then be reported to the FDA. Phase three involves marketing the drug honestly by reporting to the public the side effects gathered in phase two. According to Tomey, there is also a technical phase four, in which doctors observe patients who use the drug. They then record and report additional side effects experienced by patients to the FDA as necessary.

Using these phases, Tomey explained that the need for business fields within the pharmaceutical industry has increased in the past decade. Pharmaceutical employers have realized the science can be taught to incoming business employees, although some science knowledge is still recommended. Sales, sales reach, marketing, Pharmacoeconomics, cybersecurity, and IT are among a number of fields Tomey listed opportunities for.

For example, he explained that marketing and sales employees were needed to create honest and effective commercials about a physician's drug. Additionally, business employees can market to physicians using medical journals and industry trade shows. The trade shows advertise potential drugs that may help physicians treat their patients effectively.

Tomey concluded the lecture with an optimistic outlook on the industry and all it has to offer, including future developments to look forward to. There are multiple new projects in development, including ways to kill cancer cells and a possible cure for HIV.

"It's a rewarding occupation. I smile every time I go into work, because I know the work I do is changing and saving the lives of people," Tomey said.



CONNECT WITH BIRDS!

Connecting with birds and nature improves physical and mental health. It also generates appreciation for conservation, which is vital for maintaining ecosystems and links in the food web. There are career opportunities related to birds, too. Here's how to get involved:

1. **Attend a campus bird walk (see reverse side for details)**
2. **Enroll in the World Series of Birds class (see sidebar)**
3. **View the livestreaming bird feeder camera at Winnie Palmer Nature Reserve →**
4. **Volunteer or do Work-Study to assist with Dr. Kellam's research projects:**
 - **Care for captive woodpeckers to help with study of their food-finding ability. Flexible dates between December 23 – April 27.**
 - **Check nesting boxes and help band nestlings to assist with study on reproductive output in Tree Swallows and Bluebirds. Flexible dates between April 27 – July 31, 2023.**
5. **Enroll in the Ornithology Schoology Group to get updates on these projects plus other ways to connect with birds →**



Contact Dr. Kellam with questions:
724-805-2171 or james.kellam@stvincent.edu



SAINT VINCENT
COLLEGE

BL 103: World Series of Birds

1-credit course offered every spring semester

The World Series of Birding is a competition held by the Audubon Society in New Jersey during mid-May of each year. Teams from around the country compete to find the most bird species in a single 24-hour period. In preparation for the event, SVC students are introduced to the identifying characteristics of about 12 species per weekly meeting, with the expectation that they learn 150+ species by the end of the semester. Attendance on one 15-hour Saturday field trip is required, plus the actual competition held at the end of the semester. SVC teams will arrive in Cape May, NJ, three days before the competition in order to refine skills and scout locations. The extended trip close to graduation makes it difficult for seniors to participate. Students enrolling in this course need not have prior birding experience, but enthusiasm is essential.

If you find a dead or injured bird on campus, please log it using this link to help make our campus safer for birds →



Connecting with Birds is the Answer to Everything

By: Dr. James Kellam, Associate Professor of Biology

I laughed when I wrote the title to this submission. It's an exaggeration that birds can solve everything in my life or yours, but for some people, it's not too far from the truth. For me, my study and appreciation of birds is a spiritual endeavor. I feel close to God when I encounter birds with their deep, staring gaze; their work ethic and patience; and their colors and songs. I also know that getting outside to look for birds is good for physical and mental health. Looking for birds can be a solitary endeavor or a social one, all depending on what you want at the time. Then there's the intellectual stimulation that comes from identifying what you found and figuring out why the bird was doing what it was doing. You see? I wasn't exaggerating too much with my title. There isn't much that birds cannot do for me. I even eat chicken!

If you've never considered taking up a birdwatching hobby, that's okay. I hope every student on our campus finds ways to maintain and strengthen spiritual, physical, and mental health, while also deepening their intellectual understanding of life around them. People can certainly do all that without birds. But if you are looking for something new and different, then "birds" might be it. This is why I prepared a flyer to be placed in the welcome packet given to all incoming first-year students this fall.

My "Connect with Birds" flyer listed the times and locations of my weekly campus birds walks. It advertised the existence of a one-credit biology course called "World Series of Birds" designed to prepare

students for a 24-hour competition in New Jersey at the end of the semester. It gave a link to a live-streaming bird feeder camera installed at Winnie Palmer Nature Reserve for people to appreciate our birds (<https://www.youtube.com/watch?v=G0sC7p8f3wk>). It also listed a couple work-study jobs I have available to help me with my scientific studies. Finally, there is an Ornithology Program Schoology group I wanted to publicize. I know my flyer is probably long-forgotten now that the semester is half over and students are busy. But business is exactly why I'm writing now. Birds can help you relax, have fun, and learn something unrelated to your other schoolwork. Birds can help you.

And birds need your help as well. Insecticides have decimated their food supply. Their habitats have been drained, cleared, and paved. They are killed by outdoor domestic cats that are far more numerous than natural predators ever were. They get disoriented by window reflections by day and office towers by night, leading to significant mortality during migration. We still have lots of birds all around us today, but compared to 50 years ago, scientists estimate that there are three billion fewer birds living in North America today. Given all the benefits the birds can provide us, personally and collectively, I am afraid of what is to come. And this is the second reason why I'm writing now. If I can encourage other people to appreciate birds more than before, something really special

Continued on page 8

Dr. Kellam Offers Opportunities to Connect with Birds

continued from page 7

happens. It's the third and most important theme of our new college Core Curriculum—loving. If you start listening to the birds more, you will want to learn about them. And if you start learning more about them, then you will start loving them. And love is what will help them survive, because love is a verb. It is an action that people take, and with love, the birds will be protected. None of this is exclusive to birds, either. By protecting birds we are also protecting all the other forms of life upon which they depend. The love and protection of life—in all its forms—is surely a mission to which we are all called.

Feel free to email james.kellam@stvincent.edu to learn more.

**Follow us on
social media for
more weekly
stories!**



@svcreview



@SVCReview



The Review

ARTS & CULTURE

Midterm tests are done, but Midterm elections have Begun

By: Erin Brody, Arts & Culture Editor

As soon as one thinks the political ads are done being shown on television, another round of them pops up for a different campaign. Despite us rolling our eyes every time a commercial speaks ill of our own political party, the fact remains that each voting season is important, and Saint Vincent College had a voting table in the Latimer Library this past month to encourage students to participate in this election season.

One of the students working the table was Rebekah Bollman, a sophomore criminology and politics major, and she says having a table in the Library was effective, even though this wasn't a presidential election. Bollman, however, explained why it is so important for people to vote in this year's midterm election, as it plays a huge part in how our government is run.

"The 2022 midterms are so important because it will essentially determine the balance of power within Congress for the rest of President Biden's term," says Bollman. "All of the seats for the House of Representatives and 35 Senate seats are up for election, so depending on the way citizens vote this season, our Congress and government could look very different in terms of its response to key issues."

These key issues, she notes, can range "from health-care to taxes and inflation." Bollman also states that the events from 2020 had a major effect on these key issues, and so many more topics one may care about.

Delaney Fox, a junior politics major, will participate in this year's midterms.

"Voting has always been really important to me," says Fox. "The politics of Pennsylvania can be drastically changed just by this election."

One example Fox gave is the overturn of *Roe v. Wade* in June of this year. While she didn't want to specify her opinion on it in the interview, Fox says just this factor can play a huge part in how the election turns out.

"Pennsylvania is one of the states where the election determines where we fall [as a whole]," says Fox.

Fox explained that PA is a diverse state politically with cities like Pittsburgh and Philadelphia leaning towards the left, the working class and rural residents lean towards the right. Voting is a chance for people to determine who voices our concerns as a state. "Everybody votes for the president, but you don't think about the governor, the state representatives, or other positions as much," says Fox.

While the turnout at the Library table was a success, Bollman wants people to vote instead of simply learning about their options. "We hope to see people making and committing to a plan to vote in the midterms [...] on Nov. 8," says Bollman. "Go vote!"

SPORTS

Welcome to SVC Coach Nania

By: Devin Bonine, *Part-Time Staff Writer*

Saint Vincent College welcomes new Head Coach Dominick Nania as he takes on the reestablished men's wrestling team. Coach Nania has an experienced background in the sport of wrestling from playing to coaching, and most recently served as the assistant coach at Seton Hill University for three seasons.

The last time SVC had a men's wrestling team was from the years 1963-1975. Much talk has grown the past few years about reinstating wrestling once again at the varsity level at SVC. With the encouragement from alumni and students, wishes came true with the addition of a new team and head coach.

A graduate of Wheeling Jesuit University, Nania was the first student athlete commit for the men's wrestling team and served alongside his school's first attempt at an NCAA Division II National Title. The experience gained from being the first student athlete on the team will parallel the way Nania constructs the wrestling program and recruits future student athletes.

Coach Nania is excited for the upcoming season and what lies ahead in terms of building a team with a winning tradition.

"We are looking to put guys on the national podium right away," Coach Nania said in response to what he is looking forward to while developing the sports program.

Because of NCAA requirements, the wrestling team will have a full school year until they are allowed to compete against other schools. Coach Nania will use this time to his advantage by carefully selecting players for the team. "Getting a year to build

Continued on page 11



**Interested in
promoting
your on-campus club?
Purchase ad
space in *The
Review!*
For more
information,
contact Benjamin Tantalo at
benjamin.tantalo@stvincent.edu**

Saint Vincent Hires Coach Nania to Lead the Men's Wrestling Team

continued from page 10



Dominick Nania, the head coach for the men's wrestling team at SVC. (SOURCE: athletics.stvincent.edu)

a successful program is huge because I am able to take my time with the recruiting process and bring the right student athletes here," Nania said.

Regarding goals and aspirations for the team, Coach Nania is amped up and ready to get the action started as soon as possible. "I am aiming for immediate success," Coach Nania said regarding plans for the upcoming season.

The same winning tradition on and off the field that Saint Vincent preaches is something Nania wants to uphold within the men's wrestling team. Coach Nania seems confident in the sense that by taking a full year to recruit the right student athletes now, they will have the advantage heading into the next season.

The men's wrestling team will consist of around 20 to 25 guys with an active roster of 18 players. Saint Vincent College men's wrestling will be one of four teams in the President's Athletic Conference during the 2023 season, making it the 20th college in Pennsylvania to participate at the NCAA Division III level.

Team Standings

Men's Basketball

Team	W	L	Streak
Franciscan	0	0	--
Grove City	0	0	--
Geneva	0	0	--
Westminster	0	0	--
Bethany	0	0	--
W&J	0	0	--
Saint Vincent	0	0	--
Allegheny	0	0	--
Waynesburg	0	0	--
Chatham	0	0	--
Thiel	0	0	--

Schedule: PSU-Shenango 11/8 7:30 p.m., Juniata 11/10 7 p.m., Carroll 11/12 7 p.m.

Women's Basketball

Team	W	L	Streak
Westminster	0	0	--
Franciscan	0	0	--
Chatham	0	0	--
Bethany	0	0	--
Grove City	0	0	--
W&J	0	0	--
Saint Vincent	0	0	--
Waynesburg	0	0	--
Geneva	0	0	--
Allegheny	0	0	--
Thiel	0	0	--

Schedule: Juniata 11/8 5:30, Marietta 11/11 6 p.m., Franciscan 11/16 6 p.m.

Women's Volleyball

Team	W	L	Streak
Saint Vincent	17	7	W1
Grove City	18	9	W4
Thiel	18	10	W3
Allegheny	17	11	L3
Chatham	13	11	W3
Bethany	14	12	L1
W&J	12	11	W1
Franciscan	9	14	L3
Geneva	9	17	L1
Westminster	5	24	W2
Waynesburg	3	22	L4

Schedule: PAC Playoffs: @Thiel 11/3 7 p.m. (if necessary)

Women's Swimming

Team	W	L	Streak
Saint Vincent	3	0	W3
Grove City	2	0	W2
Westminster	2	0	W2
Chatham	1	1	L1
Franciscan	2	3	L2
W&J	1	2	L1
Allegheny	1	3	L3
Bethany	0	3	L3

Schedule: Grove City 11/11 6 p.m., @Malone Invite (Canton, OH) 11/18 6:30 p.m., W&J 12/3 1 p.m.

Men's Swimming

Team	W	L	Streak
Grove City	1	0	W1
Saint Vincent	1	1	L1
Allegheny	2	2	L1
Westminster	1	1	W1
Bethany	1	2	L1
Westminster	1	3	L1
Chatham	0	2	L2

Schedule: Grove City 11/11 6 p.m., @Malone Invite (Canton, OH) 11/17 6:30 p.m., W&J 12/3 1 p.m.

Football

Team	W	L	Streak
Carnegie Mellon	9	0	W9
Grove City	6	2	L1
W&J	6	2	W1
Case Western Reserve	6	2	W3
Westminster	5	3	W3
Waynesburg	4	4	L1
Saint Vincent	3	5	L1
Allegheny	2	7	L5
Bethany	1	6	L6
Geneva	1	6	L2
Thiel	1	7	L3

Schedule: Waynesburg 11/5 1 p.m., Bethany 11/12 1 p.m.

Men's Cross Country

Schedule: @Lock Haven (Regionals) 11/12 12 p.m., @Lansing, MI (Nationals) 11/19 12 p.m.

Results: 8th at Lock Haven, 13th at Oberlin, 4th at PAC Championships

Women's Cross Country

Schedule: @Lock Haven (Regionals) 11/12 11 a.m., @Lansing, MI (Nationals) 11/19 11 a.m.

Results: 14th at Lock Haven, 11th at Oberlin, 3rd at PAC Championships

The Review Staff

Editor-in-Chief
Luke Mich

Production Manager
Victoria Viola

Copy Editor
Kateri Strub

Business Manager
Benjamin Tantalo

Digital Media Editor
Elizabeth Crockett

News Editor
Sean Callahan

Arts & Culture Editor
Erin Brody

Sports Editor
Jacob Rzemoluch

Staff Writers
Elizabeth Van Pilsum
Devin Bonine
John Syms
Suki Rowden

Faculty Advisor
Dennis McDaniel

The Review office is located
next to the Wimmer Bridge.
Office Number:
724-805-2513

Contributions, Comments,
Questions, Advertising:
review@stvincent.edu

Website:
stvincentreview.com

The Review is a member of the
Associate Collegiate Press
www.studentpress.org/acp

Editorial Policy

The Review always welcomes input from its readers, including all students, faculty, administrators, Benedictines and any other members of the SVC community. With regards to contributed, non-solicited works, The Review reserves the right to choose to accept or reject any submitted stories or letters to the editor for publication as well as the right to edit said pieces.

Mission

The mission of Saint Vincent College's student-run newspaper, The Review, is to accurately and responsibly report campus, national and international news with integrity, fairness and objectivity. As a college newspaper, we assert that we will report on topics that interest our community, such as sports, popular culture, art & entertainment, politics and campus news. We affirm that each issue of The Review will reflect the diversity of the Saint Vincent College campus with respect for cultures, ethnicities, traditions, beliefs and views.

*as of 10/29/22